



**CYBEX CARDIOVASULAR**

- 1 Treadmill (5)
- 2 750AT Total Body Arc Trainers (3)  
Lower Body Arc Trainers (2)
- 3 Pinnacle Trainer
- 4 Stepthrough Recumbent Bikes (2)
- 5 Upright Bike
- 7 Spin Bikes (2)

**STRENGTH CIRCUIT**

- 8 Chest Press
- 9 Fly Rear Delt
- 10 Lat Pulldown
- 11 Leg Press
- 12 Leg Extension
- 13 Leg Curl
- 14 Arm Curl
- 15 Arm Extension
- 16 Hip Ab/Ad

**FREE WEIGHTS + RELATED UNITS**

- 17 Dumbbell Rack
- Flat/Incline/Decline Benches (3)  
Preacher Curl
- 18 Smith Machine
- 19 Medicine Ball Rack
- 20 Abdominal Board
- 21 Stretch Trainer
- 22 Roman Chair

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SERIOUS ABOUT FITNESS



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